JANUARY 2020

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THE SOURCE A VERO CHIROPRACTIC NEWSLETTER



FROM THE DOCS //

With the New Year comes the opportunity to make changes, set new goals, break bad habits, and resolve to become healthier.

A healthy spine and nervous system should be the starting point of ANY New Year's resolution for better health. Luckily, as part of the Vero family you are already on the right track to achieving a happy, healthier life! Look at you already crossing those resolutions off your list!

We are so honored that you have chosen Vero Chiropractic to help you achieve your health goals and hope you encourage your loved ones to experience the benefit of neurologicallybased chiropractic care!

HIGHLIGHTS //

01 New Year, New You

02 Holiday Detox Workshop

03 Toy Drive Results

04 New Doctor At Vero!

JANUARY 2020

GET YOUR ENERGY BACK WORKSHOP //

Dr. Sean is hosting an Advanced Workshop for those of us who plan on getting life back on the rails immediately – and avoiding the post-holiday crash this year.

Join us on January 30th and learn 3 Secrets to Detoxing After the Holidays.

Let's get back on track and back to life... healthy! We'll see you there!

Date & Time

Thursday, January 30, 2020 from 6:30 PM – 7:30 PM CST @ Vero Chiropractic. **REGISTER HERE >>**



DR. SCOTT COYLE

Hello, I am Dr. Scott! I am from Waterloo, IA where I grew up in a medical family. I attended Pepperdine University where I obtained a degree in Sports Medicine. After attending Pepperdine University, I earned a degree from Palmer College of Chiropractic-West. I've practiced over 26 years and recently came back to West Des Moines to serve along side the Vero Team! In my spare time, I enjoy time with my two teenagers and hiking with girlfriend!

GIVE DIGNITY TOY DRIVE //

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Thank you to everyone who donated! With YOUR HELP we were able to donate over 235 to Toys With Digniy this past holiday season!

Vero is always looking for ways to give back to our local community. Tell us at your next appointment or feel free to call with any opporutnity to give back or donate!



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