



THE SOURCE

A VERO CHIROPRACTIC NEWSLETTER



FROM THE DOCS //

Getting Into A Routine...

With the start of the school year, comes the opportunity to fall back into a routine, finding a bit of normalcy after the crazy summer season!

It's our hope that we are part of that routine. Lifestyle care appointments are so important to build on the progress in your health and/or to start seeing drastic improvements in the symptoms you first came to Vero with.

In under 15 minutes at our office, you can work towards a lifetime of health and happiness!

Here's to living the life you deserve!

HIGHLIGHTS //

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Five Benefits Of Chiropractic

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Voted Best Chiropractor In West Des Moines

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New Face At Vero

FIVE BENEFITS OF CHIROPRACTIC //

New research in chiropractic shows the many health benefits you can receive after chiropractic adjustments in our office.

No matter your health standing, chiropractic has been shown to provide many benefits that can improve your quality of life.

Five benefits of seeking chiropractic care. >



[READ ON OUR BLOG >>](#)

WEST DES MOINES' BEST CHIROPRACTOR 2019 //

We are so honored and blessed to have been named the best West Des Moines Chiropractor for 2019. We truly love helping people live the life they deserve through state-of-the-art, neurologically-based chiropractic care.

Thank you to everyone who voted for us, and more importantly thank you for allowing us to be your partners in health! Your referrals mean the world to us, so if you know someone in pain, send them our way. We promise to take good care of them!



MEET JENN RODRIGUEZ //

¡Hola! My name is Jenn Rodriguez. I am from Des Moines and had the opportunity to live in Mexico City, Mexico for almost two years. I graduated from DMACC, Grandview, and Concordia University. I spend most of my free time having fun with my three amazing daughters or reading. I am excited to serve the entire Vero community, including the Spanish speakers! ¡Me da mucho gusto que voy a poder servir a los miembros de la comunidad Vero que hablan español!



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