

THE SOURCE

A VERO NEWSLETTER



HOLIDAY TRIVIA

- 1 Which popular Christmas beverage is also called "milk punch?"
- 2 What did the other reindeer not let Rudolph do because of his shiny red nose?
- 3 Elvis isn't going to have a white Christmas he's going to have a....
- 4 What words follow "Silent Night" in the song?
- 5 Which one of Santa's reindeer has the same name as another holiday mascot?

ANSWERS

1. Eggnogs
2. Join in any reindeer games
3. Blue Christmas
4. Holy Night
5. Cupid

WISHING YOU A HAPPY HOLIDAY SEASON!

It's the most wonderful time of the year! We started off the holiday season by handing out over 702 pumpkin pies to each of our practice members the week of Thanksgiving. Including over 100 donated to local shelters and missions around town! We had so much fun expressing our gratitude! We appreciate all of you.



This month we'll continue the holiday traditions with our 12 Days of Christmas celebration. We will hand out gifts and goodies December 7th through December 22nd, building excitement and anticipation for the holidays to come. Be sure to come in for your appointments so you don't miss out!

As we look towards Christmas and the end of a crazy year, we hope you are surrounded by people who bring you peace and hope.

MERRY CHRISTMAS FROM YOUR VERO FAMILY!

GIVE THE GIFT OF HEALTH

Do you know someone who could benefit from care at Vero?

Give them the Gift of Health for only \$20.

This includes:

- A Complete Consultation
- Neurological Evaluation
- Muscle Assessment
- Doctor's Examination

This special is an exclusive offer only for friends, family and co-workers of current Vero Practice Members!

VERO

VERO IS PARTNERING WITH

TOYS FOR TOTS

ALSO ACCEPTING **CASH** DONATIONS AND WE WILL DO THE SHOPPING FOR YOU!

WHEN: NOVEMBER 9TH THRU DECEMBER 10TH

MEET SAMANTHA

I'm originally from New Jersey and have recently moved to Iowa. I have spent the last 15 years involved in collegiate athletics and have a passion for helping others achieve their goals. I'm grateful to be part of the Vero team and love getting to know all of our practice members. In my free time, I love spending time with my two kids and exploring everything Iowa has to offer.

1. I was born and raised in New Jersey.
2. I am a former Division 1 gymnast.
3. I have lived in 4 different states.

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