

THE SOURCE



A VERO NEWSLETTER



TRULY FUN FACTS ABOUT YOUR BACK

Fun Fact #1:
You have the same number of vertebrae in your neck as a giraffe



Fun Fact #2:
You're taller in the morning



Fun Fact #3:
Babies have more vertebrae than adults



Fun Fact #4:
Each day, 1 million adjustments take place



Fun Fact #5:
All 32 NFL teams have their own chiropractor to boost performance and maintain wellness



VOTE FOR VERO...

Voting is now open for Cityview's Best of Des Moines 2024 Awards and Best of the West Awards presented by Aureon!



CityView Awards

- #197 Best Holistic Health Center
- #201 Best Local Chiropractic Clinic
- #202 Best Local Doctor's Clinic



Best Of The West Awards

- #12 Best Medical Care Provider
- #19 Best Chiropractic Clinic
- #21 Best Small Employer
- #27 Best Company Culture





GIVE THE GIFT OF HEALTH

Do you know someone who could benefit from care at Vero?

Purchase a Gift of Health for them for only \$20!

This includes a Complete Consultation, Neurological Evaluation, Muscle Assessment and Doctors Examination.

This special is an exclusive offer only for friends/family/co-workers of current Vero Practice Members!



MEET KOURTLIN

Though originally from Ankeny, Iowa, Kourtlin graduated from the University of Nebraska-Lincoln with a bachelor's degree in Music Education. She returned to Iowa shortly after college, taught choir for grades 7 - 12 for eight years, and was most recently the Director of Choral Activities at Norwalk High School. Kourtlin would describe herself as an introvert and would prefer to spend time outside or creating. She loves to organize and is passionate about creating efficient systems. She is thrilled to have joined the Vero family this year!

1. I am a big Elite Women's Artistic Gymnastics Fan and I am SO EXCITED to be attending the Olympic trials next year! #Paris2024
2. I love to make custom gifts (wood burning, painting, etching, etc.)
3. I love to sing and have performed on most of the DSM metro stages: DM Playhouse, CY Stephens, Civic Center

CONNECT WITH US



LEAVE A REVIEW

