

THE SOURCE

A VERO NEWSLETTER






1. Prizes:
 - Massagers
 - Heating Pads
 - Cozy Blankets
 - Fresh Fit Meals
2. Health Talk
3. FREE Dinner Served

WED MAY 24TH
5:00 - 6:30 PM

**Current Practice Members:
Please Bring a Friend to
introduce to Vero!**

**All Others, we look forward to
meeting you!**



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RSVP: 515.422.6946 info@verohealthcenter.com



MOTHERS MAKE THE WORLD GO ROUND

Mothers are some of the most influential people in our lives. They have raised us to the best of their ability by providing us with words of encouragement, unconditional love, and impeccable patience throughout the years. Mothers deserve to be celebrated individually every single day, but especially on Mother's Day!

Give your mom the gift of health this year! There is nothing quite like showing your Mom how much you love and appreciate her, then by helping her to feel physically and mentally better.

Our team wishes all moms a happy and healthy Mother's Day! You truly make the world go round and a better place.



MEALS FROM THE HEARTLAND



Our team had the opportunity to volunteer at Meals from the Heartland in April. In just two hours, we packaged hundreds of meals! We had so much fun giving back to our community and packing meals for children all around the world.

DSM HUMAN SERVICES DRIVE



Last month, we partnered with the West Des Moines Human Services to collect personal care and clothing items for those in need. And thanks to your support, we were able to donate over 500+ personal care items to those in our community!



MEET DR. LOREN

Dr. Loren Liming is originally from Ames, Iowa and he graduated from Central College in Pella, Iowa with a degree in exercise physiology. He graduated Summa Cum Laude from Cleveland Chiropractic College in Overland Park, KS, and before earning his Doctor of Chiropractic degree he developed and implemented strength, conditioning, and injury rehabilitation programs for Winona State University athletic programs.

Fun Facts:

- I have three boys Karter (4), Bayler (2), and Tucker (3 months).
- I met my amazing wife, Kiley in undergrad at Central College in Pella.
- I am a certified strength and conditioning specialist, United States Association of Weightlifting certified.

CONNECT WITH US



LEAVE A REVIEW

