



THE SOURCE

A VERO CHIROPRACTIC NEWSLETTER



FROM THE DOCS //

Now Is The Time To Ignite Your Health...

Summer can be tricky. Routines are all off. Kids are home. Schedules get busy. However, we challenge you to keep that spark for your health burning bright by sticking with your appointments with us.

Each time you step into our office, we've got a customized plan designed just for YOUR health.

Each time you leave our office your body is in better shape than when it walked through the door.

Don't let the craziness that is Summer get your health off course! Be sure to stop in and see us.

We will have special closings July 4th and 5th to celebrate the holiday!

HIGHLIGHTS //

01

Ignite Your Health

02

How Chiropractic Can Help In Weight Loss

03

New Faces At Vero

04

Happy Birthday To Us!

HOW CHIROPRACTIC CAN HELP WEIGHTLOSS //

When people gain weight the strain on their spine increases. With this increased strain and pressure on your spine, back pain and other ailments start to make their appearances.

So, you're likely wondering what chiropractic adjustments can do to help with weight loss.

Well, let us explain.



[READ MORE >>](#)

MEET INTERN DR. LOGAN //

Hello everyone, my name is Dr. Logan! I was born and raised in Centerville, IA. I attended the University of Northern Iowa where I studied and received a Bachelor's degree in Pre-med Biology. After attending UNI, I continued my education and earned a Doctorate of Chiropractic degree from Palmer College of Chiropractic. I will be completing my residency the next few months at Vero and cannot wait to serve and educate the community of Des Moines about the amazing healing potential of the body!



VERO IS TURNING TWO!

As we turn another year wiser, we want to thank each and every one of you for being by our side!

We honestly wouldn't be here without each and every one of you championing not only the importance of chiropractic care, but in trusting Vero to get you healthy and keep you there!

Here's to two years down and many, many more to come!



CONNECT WITH US //



LEAVE US A REVIEW //

