

SPRING INTO MOTION — WITHOUT THE SETBACKS

Warm weather. Fresh air. New energy.

It's finally here, and if you're anything like us, you're itching to **get outside and get moving.**

But let's be real — going from winter hibernation to full-throttle spring sports, yard work, or workouts can push your body to the limit. And for many? That means **injuries**, **inflammation**, **and nagging pain** that holds you back.

Good news: You don't have to sit on the sidelines this season.

At Vero, we help active bodies stay active — and injured ones bounce back fast.

This month, we're spotlighting the power of **neurologically based care, regenerative medicine, and our specialized knee & shoulder protocols** to keep you moving, healing, and performing at your best.

NEUROLOGICALLY-BASED CARE

Your brain controls your body. Let's make sure the message is getting through.

Every muscle movement. Every healing process. Every ounce of performance you have... it all starts with your nervous system.

That's why at Vero, we don't just "crack backs" — we analyze your neurological function using advanced thermal-infrared scans, muscle assessments (sEMG), and digital X-rays to detect nerve interference and miscommunication.

Using a gentle, FDA-approved adjusting tool that fires at 1/10,000th of a second

(the same speed as your nerves), we restore **proper brain-body connection** so your body can actually heal from the inside out.

Whether you're an athlete, a weekend warrior, or a parent chasing kids around the yard — neurologically-based care helps your body **respond**, **recover**, **and thrive**.

DID YOU KNOW???

Your brain sends signals at **268 mph** — unless nerve interference slows them down. Even a slight misalignment can throw your whole body off track.

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SHOULDERS, KNEES & RESULTS, PLEASE!

Don't let joint pain keep you on the sidelines.

At Vero, we offer non-surgical, drug-free solutions to help your knees and shoulders heal — not just feel better temporarily.

Knee Pain?

Our protocol combines gentle decompression, light therapy, and regenerative medicine to **flush out inflammation, improve circulation, and rebuild tissue** — so you can walk, run, and squat without wincing.

Shoulder Pain?

Whether it's limited range, old injuries, or daily aches, our targeted care reduces pain and restores movement naturally — no injections or surgery needed.

Bottom line: You don't have to "live with it."

LET'S FIX IT!



REGENERATIVE MEDICINE

Your body knows how to heal — we just help it do it faster.

By injecting targeted regenerative tissue products rich in healing compounds, we help rebuild damaged tissue, reduce inflammation, and accelerate recovery — no surgery or drugs needed.

Perfect for joint pain, old injuries, or boosting performance.



APRIL 16 | 9:00 AM | VERO HEALTH CENTER

Waking up stiff? Dealing with tension, tight shoulders, or daily neck pain?

At this free in-office event, we'll uncover the real causes of neck pain, explain why traditional fixes don't last, and show you the **drug-free solution** that's helped thousands finally feel better — for good.

Limited seats. Big answers. Real relief.





