



THE SOURCE NEWSLETTER



MAY
2025

HOPE, HEALING, AND NEW BEGINNINGS — MAY AT VERO

Spring reminds us of what's possible.

New life. New growth. A fresh start.

This month at Vero, we're celebrating just that—from honoring the moms who make it all possible, to supporting moms-to-be, helping athletes bounce back stronger, and welcoming a new leader who's here to help us grow with purpose.

Let's dive in.

Pregnancy Care That Puts You Both First



If you're expecting—or love someone who is—you already know pregnancy can be beautiful... and sometimes hard.

Back pain. Numbness. Sciatica. Sleepless nights.

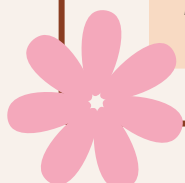
Your body's doing something miraculous, but it can feel like it's physically demanding.

That's where we come in.

At Vero, our neurologically-based chiropractic care is **gentle, precise, and designed to support the body through all three trimesters.** By making sure the nervous system stays clear and connected, we help moms move better, feel better, and even prepare for smoother deliveries.

We're not just adjusting spines—we're helping create the healthiest environment possible for you and your baby.

Because every mom deserves to feel supported. And every baby deserves the best start.





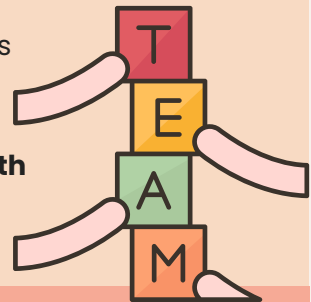
Welcome Jesse Peters!

You might notice something different around here.

A new vibe. New stories. A fresh perspective.

Jesse brings years of experience helping brands grow with **clarity, purpose, and trust**. He's here to help us share Vero's mission in meaningful ways and connect with even more families who need hope and healing.

You'll catch him behind the scenes shaping strategy, chatting with patients in the lobby, or—more often than not—**brainstorming with a Celsius in hand**.



Honoring the Real MVPs

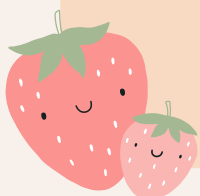
To the moms who show up tired.
Who give even when they feel empty.

Who carry more than anyone sees.

You're the reason we do what we do.

Whether you're expecting, raising little ones, or doing it all again as grandma—we're here to support your health, your healing, and your strength.

Happy Mother's Day. You matter more than you know.



Upcoming Doc Talk!

RECOVERING FROM SPORTS INJURIES

Sports injury slowing you down?

Come hear Dr. Nate share how the nervous system holds the key to faster recovery—and how we help athletes heal, move, and perform better.

May 21 | 9:00 AM | Vero Health Center

RSVP at the front desk or give us a call!



Connect With Us

Stay inspired, stay connected, and see how lives change every day.

