

THE SOURCE

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☀️ ABSOLUTELY INCREDIBLE KIDS MONTH IS HERE!

Let's talk about your child's nervous system.

This month at Vero, we're putting the spotlight on the smallest (and mightiest) members of your family—because **healthy kids make healthy adults**.

You've probably thought about checkups for your child's eyes, teeth, and growth...But have you ever considered a checkup for their spine and nervous system?

WHY DO KIDS NEED CHIROPRACTIC CARE?

From the moment they're born, kids experience physical stress.

The birthing process alone can put massive pressure on their tiny necks and spines. As they grow, it only continues—from **slips and tumbles** while learning to crawl and walk, to **playground falls, sports injuries, and heavy backpacks**.

These small traumas can add up over time and interfere with how their **nervous system functions**—impacting so much more than you think— from **digestion** to **focus, sleep, immune strength, and posture**.



“HOW SOON IS TOO SOON?”

Trick question—it’s **never too early**.

Many moms get adjusted during pregnancy, and babies can safely start care just hours after birth. In fact, Dr. Josiah adjusted **all three of his kids before they were even an hour old**.

Infant adjustments are **incredibly gentle**—using only the pressure you’d use to check the ripeness of a tomato. As kids grow, we adapt our techniques to fit their age and development.

Common Issues We Help With:

- ADD/ADHD & sensory challenges
- Colic & digestive issues
- Bedwetting
- Constipation
- Ear infections
- Scoliosis & torticollis
- Allergies, asthma & sinus issues
- Headaches & neck pain

CUTIES UNDER CARE

We’re celebrating our favorite little Vero patients all month long!

Swing by the office, **grab a goodie bag for your kiddo** and check out the **Cuties Under Care wall**.

We’ll also be offering **complimentary evaluations** for new pediatric patients—because every child deserves to grow up at their fullest potential.

Upcoming Doc Talk

HOW TO RAISE HEALTHY KIDS

June 18 | 5:30 PM | Vero Health Center

Raising healthy kids doesn’t have to feel like guesswork.

Join us for simple, powerful tips every parent should know—straight from our doctors.

Limited seats. RSVP now and save your spot!

CONNECT WITH US

Stay inspired, stay connected, and see how lives change every day.



Let’s help your incredible kid thrive—inside and out.

