

the source

VERO

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12 DAYS OF CHRISTMAS AT VERO

It's the most wonderful time of the year, and we're continuing one of our favorite Vero traditions, our 12 Days of Christmas Celebration! From December 8th through December 23rd, we'll be spreading holiday cheer around the office with gifts, goodies, and festive surprises each day.

We love seeing the smiles, laughter, and excitement this tradition brings as we count down to Christmas. Be sure to join in the fun during your visits this month, and see what surprises await you under the tree!

TEAM MEMBER SPOTLIGHT: STEVE



If you've been to a farmer's market or community event with Vero, you've probably met Steve. He's been part of our team for two years and helps run events out in the community, so you'll often see him sharing what Vero is all about beyond the office walls.

Steve says he's "thoroughly enjoying working at Vero" and feels blessed to be part of such a strong team. He especially loves hearing practice members' stories and testimonials and seeing how care is changing lives. Outside of work, Steve enjoys time with his daughter's family and his two grandchildren, plus biking and his newer hobby, pickleball.



SHOULDER RELIEF FOR THE SEASON

Between hanging decorations, shoveling snow, and hauling boxes from the attic, this time of year can be hard on your shoulders. If you've been dealing with shoulder pain or stiffness, our shoulder program might be exactly what you need to get back to moving comfortably again.

Using a combination of gentle neurological adjustments, and regenerative medicine, we help address the root cause of shoulder discomfort so you can enjoy the season pain-free. We also offer a shoulder kit program that gives you tools and guidance to keep your care going at home between visits.

Whether you're reaching for the star on top of the tree or carrying those shopping bags, we want to help you move through the holidays feeling your best.



FROM ALL OF US AT VERO

As we close out another amazing year, we want to say a heartfelt thank-you for being part of the Vero family. Your trust and commitment to your health mean the world to us, and we're so grateful for every smile, story, and success we've shared together this year.

We wish you and your family a joyful Christmas season filled with peace, laughter, and plenty of cheer. Here's to a healthy, happy start to 2026!