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VERO

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THANK YOU FOR AN AMAZING YEAR!

As we step into a new year, we want to take a moment to say thank you. The past year was filled with growth, meaningful connections, and so many wins for our practice members, and we are incredibly grateful to be part of your health journey. Your trust, commitment, and kindness make Vero such a special place to be.

We also loved celebrating the season together during our 12 Days of Christmas. From festive surprises to smiling faces throughout the office, it was the perfect way to end the year and share a little extra joy with our Vero family.

SHARE THE GIFT OF HEALTH

A new year is the perfect time to help someone you care about take the first step toward better health. Our Gift of Health program allows current practice members to gift a friend or family member an initial consultation and assessment at a special discounted rate. It's a thoughtful way to introduce someone to care that can truly make a difference.

If someone in your life has been struggling with pain, stress, or overall wellness, this is an easy and meaningful way to support them. Ask our team for details next time you're in the office—we're happy to help you share the gift of health.



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VERO SWEATSHIRTS ARE STILL AVAILABLE

Starting the year off cozy never hurts! Our Vero sweatshirts are still available at the front desk for \$40. They're perfect for staying warm during Iowa winters while showing a little Vero pride wherever you go.

Supplies are limited, so be sure to grab yours if you haven't already. They also make a great gift for a fellow Vero fan who loves comfort as much as you do.



HEADACHE RELIEF AT VERO

If headaches have a habit of sneaking into your routine, you're not alone. Many headaches are linked to tension, stress, and nervous system imbalance, especially during busy seasons or after long days. At Vero, we focus on addressing the root cause rather than just masking symptoms.

Through neurologically based chiropractic care, we help reduce interference in the nervous system, which can lead to fewer headaches and improved overall function. If headaches have been holding you back, let us know—we'd love to help you start the year feeling clearer, calmer, and more comfortable.



LOOKING AHEAD

We're excited for everything the new year has in store and feel honored to continue caring for you and your family. Thank you for being part of the Vero community and trusting us with your health. Here's to a strong, healthy, and happy year ahead!